

SARAH STAUFFER, PHD

PSYCHOLOGUE D'URGENCE
PSYCHOTHÉRAPUTE FSP



ABOUT ME

Creative, dynamic, conscientious, and trustworthy, I place high importance on tailoring my approach to your specific therapy needs and goals to positively impact your life and current functioning.

EDUCATION*

PhD, Counselor Education and Practice
Georgia State University (US), 2007

- Specializations: crisis intervention, Psychological trauma (Types I et II)
- Supervision and teaching

MSc, Psychologie clinique de l'enfant et de l'adolescent, Université de Lausanne, 2009

- Specialization: Methods et techniques

APPROACHES

- Impact therapy
- Play therapy and art therapy
- Psychotherapy: systemic, Adlerian, CBT
- Psychotraumatology

AUTHORIZATIONS

- Psychologie d'urgence: FSP (2012)
- Spécialiste en APU: RNAPU (2021)
- Psychothérapie: VD et VS (2021)
- Supervision of psychotherapy (24.03.2018)
- Supervision of play therapy (RPT-S, 2013)
- *Superviseur RNAPU*: request submitted

CONTACT

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EXPERIENCE*

Crisis-intervention Psychologist, Federally recognized Psychotherapist

- Association ESPAS (Espace de Soutien et Prévention - Abus Sexuels; 2014-), 50%
Director of children's services, Director of teaching and research
- Private practice (2021-), 25%

Supervisor

- Crisis intervention cells: *Groupe de Soutien - Protection civile vaudoise* (2018-), *Care Team CSU-nvb* (2019-), *Groupe débriefing - SPSL* (2019-2020, 2021), *Psyau-EVIG* (2023-)
- Individuals, in: psychotherapy, art therapy, play therapy, and crisis-intervention psychology

Instructor

- *Crisis management and psychological first aid in schools*, recurring seminar: FARP
- *Meeting children's needs: The benefits of play therapy* (intro, intermediate level, PT in groups), independent courses
- *Children and adolescents facing sexual maltreatment and trauma: Therapeutic approaches*, recurring course: ESPAS
- *Child and adolescent maltreatment: Ethical approaches to treatment*, recurring course: Child Maltreatment Observatory, UNIL

* Full CV available upon request